

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards,

DSPL 8 Team

Spooky-themed half term activities by Herts Inclusive

Join us for a spooky-themed half term, filled with theatrical treats to get your creative juices flowing boost well-being, make new friends and have fun!

Have a look at what we have on:

<https://hit-theatre.org.uk/whats-on/events>

Any questions or new to HIT? Get in touch:

admin@hit-theatre.org.uk / 01923216951



Drama games, arts and crafts!

Spooky

ACTIVITY MORNINGS

WHO?
Ages 5 - 12 years

WHEN?
25th & 27th October
10:00 am - 12:15 pm

WHERE?
25th, Hemel Hempstead
27th, Watford

BOOK NOW: admin@hit-theatre.org.uk
www.hit-theatre.org.uk

£5 pp per workshop

INCLUSIVE HALF TERM WORKSHOPS

HIT is a registered charity 1180955



HIT MASTERCLASS

WHO?
Ages 13 - 17 years

WHEN?
PUPPETRY, 25th October
COMEDY, 27th October
1:15 - 3:30 pm

WHERE?
PUPPETRY, Hemel Hempstead
COMEDY, Watford

BOOK NOW: admin@hit-theatre.org.uk
www.hit-theatre.org.uk

£5 pp per workshop

HALF TERM INCLUSIVE WORKSHOPS

HIT is a registered charity 1180955



ONLINE ADULT WORKSHOPS

The Spooky Edition

MONSTER MUSICAL THEATRE
26th October, 1:30 - 3:00 pm

BOGIE-MAN'S BOOGIE DANCE
28th October, 1:30 - 3:00 pm

BOOK NOW: admin@hit-theatre.org.uk
www.hit-theatre.org.uk


£3.50 pp per workshop

HALF TERM INCLUSIVE WORKSHOPS

HIT is a registered charity 1180955




SPACE Hertfordshire

SPACE
SPACE ONLINE EXCLUSIVE
**Online Art Session
'Fireworks'**
Friday 5th November 2021
5PM - 6.30PM



Come join us for a fully interactive painting session. September (The Artist in the Window) will talk you through painting the picture and will be able to offer advice and suggestions on your masterpieces!

Please use the Eventbrite link below to request your place:
<https://www.eventbrite.co.uk/e/fireworks-kids-art-session-tickets-182541585797>
Limited Places Available

events@spaceherts.org.uk    www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO. 117 2178



AUTUMN TERM 2021		WORKSHOPS /COURSES
Anger and Conflict Workshop	Thursday 16th September	10:00 - 11:30
ADHD Parenting Course (4 wks)	Tuesday 21st September	19:00 - 21:00
Sleep Tight Course (5 wks)	Wednesday 22nd September	09:30 - 11:30
Understanding Autism Workshop	Monday 27th September	19:00 - 21:00
Navigating the SEND World Course - Beginning the Journey (3 wks)	Friday 1st October	09:30 - 11:30
Executive Functioning Workshop	Tuesday 5th October	18:00 - 19:30
Understanding ADHD Workshop	Thursday 7th October	11:00 - 12:00
DLA Application Workshop	Friday 8th October	12:30 - 14:30
Raising Self Esteem Workshop	Monday 11th October	10:00 - 11:30
Navigating the SEND World Workshop - Beginning the Journey	Wednesday 13th October	19:00 - 21:00
Emotional Regulation Workshop	Monday 18th October	18:00 - 19:30
Autistic Girls Workshop	Thursday 21st October	19:00 - 20:30
Understanding Autism Workshop	Monday 8th November	10:00 - 11:00
EHCP Annual Review Workshop	Monday 15th November	19:00 - 20:00
Navigating the SEND World Workshop (Beginning the Journey)	Tuesday 16th November	10:00 - 12:00
Understanding ADHD Workshop	Thursday 18th November	19:00 - 20:00
Autistic Girls Workshop	Tuesday 23rd November	10:00 - 11:30
Puberty Workshop	Wednesday 24th November	10:00 - 12:00
Anxiety Workshop	Thursday 2nd December	19:00 - 20:00
EHCP New Application Workshop	Tuesday 7th December	19:00 - 21:00
Navigating the SEND World Workshop	Wednesday 8th December	19:00 - 21:00
Understanding Autism and ADHD Workshop	Friday 10th December	10:00 - 12:00

All workshops and courses can be booked via Eventbrite and will be posted on our social media in due course. For further information then please email: training@spaceherts.org.uk or check Eventbrite & our FB pages

All workshops and courses are subject to change, correct at

Please also visit the SPACE Eventbrite page to view other courses, support and activities available:

Booking Link:
<https://www.eventbrite.co.uk/.../fireworks-kids-art...>

<https://www.eventbrite.co.uk/o/space-hertfordshire-29155520957>

Up on Downs

Book your place via – enquiries.nhdowns@yahoo.co.uk



SPOOKY SOFT PLAY!

SUNDAY 7TH NOVEMBER 5.00-6.30PM
DJ'S PLAY JUNGLE, 156 ST ALBANS ROAD, ST ALBANS AL4 9LP

WHY NOT GIVE THOSE HALLOWEEN COSTUMES ONE LAST OUTING AND MEET US FOR SOME SPOOKY SOFT PLAY FUN WHEN WE WILL BE MEETING AT DJ PLAY JUNGLE'S REGULAR SEN SESSION. LET US KNOW YOU ARE COMING AND WE WILL BOOK AND PAY FOR YOUR TICKETS—SIBLINGS WELCOME.

EMAIL ENQUIRIES.NHDOWNS@YAHOO.CO.UK TO GET YOUR TICKETS!

Connect with Nature – Free Sessions by Potential Kids

POTENTIAL TO GROW COMMUNITY AND LEARNING GARDEN

CONNECT WITH NATURE
FREE SESSIONS

THURSDAYS
11:30-13:00
TERM-TIME
ALL WELCOME!

THE GALLERIA CAR PARK
COMET WAY, HATFIELD
AL10 0XR



BOOST YOUR MENTAL HEALTH

Nature improves your health, makes you happier and makes you feel alive!

HAVE A CUPPA & CHAT WITH US!



<https://g.page/potentialtogrow>

POTENTIAL KIDS
potentialkids.org
info@potentialkids.org

Join us for a nice and relaxing cuppa on Thursdays afternoon.

Enjoy our peaceful garden at the Galleria. Relax, recharge your batteries and improve your mental health. Do some gardening if you fancy or simply enjoy the nature!

About Me courses



Parental Support

ABOUT ME

Course 1 - Monday 8th Nov - 6th Dec 2021, 18:45 - 20:15
Course 2 - Wednesday 11th Nov - 8th Dec 2021, 20:00 - 21:30
FREE 5 week course on Zoom

SESSION DETAILS
A Free 5 week course run by Trainingly, designed to increase and build emotional resilience and well being.
Helps you to recognise your triggers, gain positive coping strategies when things go wrong.

HOW TO BOOK
By referral only please call
0300 123 7572
MORE INFORMATION
hertsfamilycentres.org

Hertfordshire Family Centre Service | On behalf of Hertfordshire | Delivered by InspireAll | trainingly

Please click the link for a short video on of what the group covers:

<https://www.facebook.com/DacorumFCS/videos/2636893753284393/>

To book a place, contact 0300 123 7572 to book a place.

Family Lives Autumn Online Groups

PLACES ARE STILL AVAILABLE ON THE BELOW ONLINE GROUPS:

- **Getting on with your Pre Teen/Teenager (6 weeks)**

Tuesday 28th September to 9th November 7pm – 9pm

This group is aimed at families with a FFA, CIN, CP OR Youth Justice Plan but places also available for parents wanting to gain an understanding of the feelings & needs underlying teenager behaviour and knowledge and skills to develop a more positive relationship. Course content may vary depending on needs of the group.

- * Risky behaviour online through social media
- * Attraction to or involvement in gangs
- * Alcohol and/or drugs, early sex, self-harming, crime and anti-social behaviour, aggressive and challenging behaviour

- **Bringing Up Confident Children for Parents of Children with ADHD/ASD (6 weeks)**

Thursday 11th November to 9th December 7pm to 9pm

This programme provides support, information and resources to parents/carers and adult family members so they can help their child reach their full potential.

Sessions will cover :

Dacorum Parent/Carers Courses and Support Autumn Term – 13.10.2021

- * ADHD - a whole-family issue
- * Understanding your child's behaviour
- * Helping your child manage their feelings and outbursts
- * Balancing support of siblings
- * Learning new parenting strategies to address challenging behaviour and to make a difference in your family life

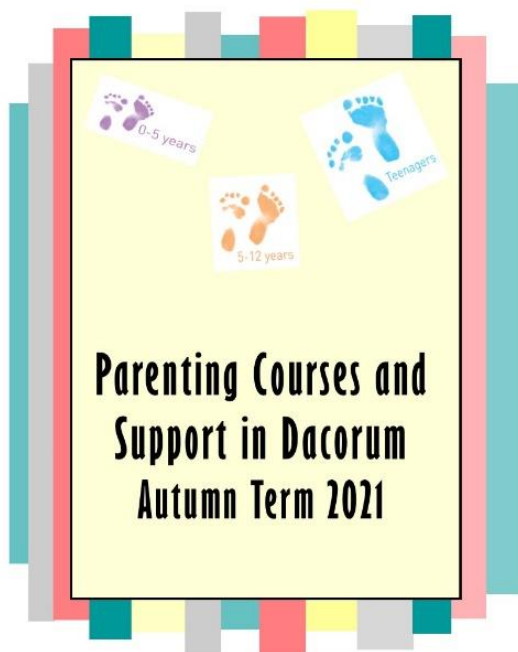
Please click on this link for our referral form [Family Lives Referral Form](#), both forms can be used for self-referrals and for referrals from professionals for parents/carers who live in Hertfordshire or whose children attend a Hertfordshire school.

Supported Employment Job Fair by Step2Skills

Is your young person looking for employment but finding it hard to know where to start? The Supported Employment Job Fair by Step2Skills on Friday 15 October might be just the thing! They can meet potential employers, ask questions and find out what jobs might be available to them.

Find out more here: <http://ow.ly/c78A50GIVsR>

Parenting Courses and Support in Dacorum Autumn 2021



FREE courses open to parents in Dacorum

For courses from Local Providers, please view the Dacorum Parenting Course Brochure via:
<http://www.dacorumspl.org.uk/courses-for-parents-carers-and-professionals/>

For SEND courses and support, please visit either:
<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>